

# Activity Professionals Symposium

Tuesday, May 12, 2009; 8:30am - 4:00pm  
**AGING SERVICES OF GEORGIA OFFICE**

607 Peachtree St.; Atlanta, GA 30308

## *Taking Care of Ourselves: Why Self Care Matters! How to Work with the More Challenging Residents*

Nancy Kriseman, Author of *The Caring Spirit*

## *Marketing Your Department, Yourself & Programs to Your Residents*

Tee Nearman, Marketing Consultant

## Breakout Workshops

*Successful Activity Planning* -- Shared Learning Panel Discussion

*Photography Enhancements: "Improving your Event Images"* -- Jolene Freeman

*Successful Activities with Residents who have Dementia* -- Melany Sattler, Alzheimer's Assn. GA Chapter

## *Positive Communication: Developing & Using Active Listening Skills*

Walter Coffey, Aging Services of Georgia/Georgia Institute on Aging



Especially for members of  
Aging Services of Georgia  
& GAAP

## Agenda

8:30 a.m. REGISTRATION

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9:00 a.m. **TAKING CARE OF OURSELVES: WHY SELF CARE MATTERS!**  
 This session is to help you to nourish your spirits and remind you to take care of yourselves as you take care of others. As Activity Professionals you are always “on” for your residents. This session is to provide you with ideas to help recharge your own batteries!

Speaker: Nancy Kriseman, Author of the “The Caring Spirit”

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10:00 a.m. **HOW TO WORK WITH THE MORE CHALLENGING RESIDENTS**  
 This session will provide opportunities for participants to share some of their most challenging resident situations when trying to engage them in activities. Focus will be on how to work with resistance, residents that can be disruptive in group, such as; non-stop talkers, interrupters, negative talkers, and those with hearing or sight challenges, etc. Please make sure you write down some of your most frustrating situations, so we can present them to the group!

Speaker: Nancy Kriseman

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Noon **NETWORKING LUNCHEON**  
**MARKETING YOUR DEPARTMENT, YOURSELF AND PROGRAMS TO YOUR RESIDENTS**  
 Tee Nearman, Marketing Consultant

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1:15 p.m. **BREAKOUT WORKSHOPS**

- **SHARED LEARNING PANEL DISCUSSION: SUCCESSFUL ACTIVITY PLANNING**  
 Speakers: TBA (Tenured Activity Coordinators)
  - **PHOTOGRAPHY ENHANCEMENTS: “IMPROVING YOUR EVENT IMAGES”**  
 Speaker: Jolene Freeman
  - **SUCCESSFUL ACTIVITIES WITH RESIDENT’S WHO HAVE DEMENTIA**  
 Speaker: Melany Sattler, Dir. of Education, Alzheimer’s Association GA Chapter
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2:30 p.m. **BREAK**

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2:45 p.m. **POSITIVE COMMUNICATION: DEVELOPING AND USING ACTIVE LISTENING SKILLS**  
 Good listening or “active listening” is essential to clear, effective communication. This session will provide information and tools to help you focus your attention, listen in order to gain the information needed to better understand, become aware of potential blocks and how to elevate these barriers, and communicate more effectively to achieve more significant results.

Speaker: Walter Coffey, President/CEO  
 Aging Services of Georgia/Georgia Institute on Aging

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3:45 p.m. **WRAP-UP/FUTURE EVENTS**

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4:00 p.m. **ADJOURN**

## directions to the symposium

Aging Services of Georgia Offices; 607 Peachtree St. NE; Atlanta, GA 30308

### FROM THE SOUTH

Exit I-75/I-85 in-town connector at the Crawford Long Hospital exit – come up the hill to Peachtree Street and turn left onto Peachtree. Get in the right lane and turn right off Peachtree onto North Avenue (you will be going around the church to the back side). Come one block and turn right onto Courtland Avenue and take an immediate right into the parking lot underneath the church.

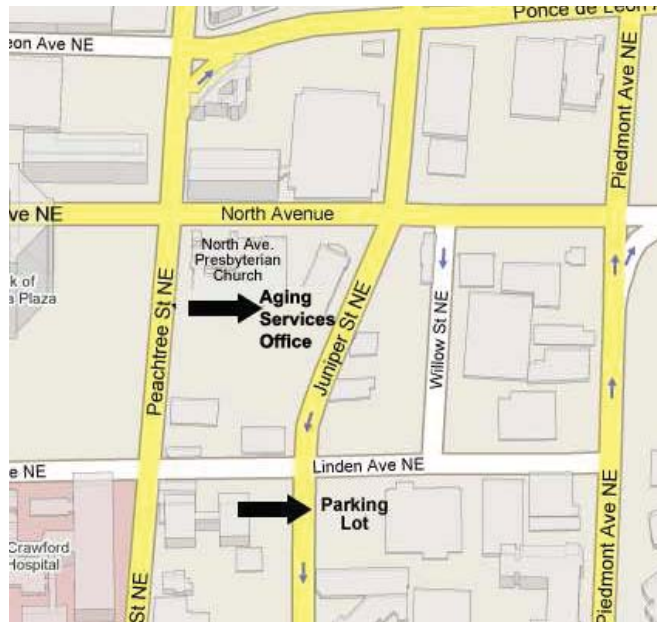
### FROM THE NORTH

Exit I-75/I-85 in-town connector at North Avenue (GA Tech exit) and turn left proceeding on North Avenue. Pass the Varsity and North Avenue MARTA station on your left. You will pass the Bank of America building on your right. Get into the right lane and cross over Peachtree Street (you will see the front of the church on the right corner of Peachtree and North Avenue). Turn right at the next intersection onto Courtland Avenue and take a right into the parking lot underneath the church.

The Aging Services of Georgia office is located in the Ministry Center at North Avenue Presbyterian Church at the corner of Peachtree Street and North Avenue. The office is located in the back lower level of the building.

### PARKING

You will need to park in the pay lot (\$1.75) located across the street from the Aging Services of Georgia office at the corner of Courtland (Juniper) and Linden. See map.



### Registration Form

Name: \_\_\_\_\_

Organization: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail \_\_\_\_\_

Check here if you prefer a vegetarian lunch:  Total Fees \$ \_\_\_\_\_

Fees: \$37 per person for members of Aging Services of Georgia and Georgia Association of Activity Professionals (GAAP)  
\$85 for non-members. Covers training, materials, breaks & lunch

Fax this form to 404-872-1737 then mail it with your check (made out to Georgia Institute on Aging) to:  
Aging Services of Georgia; 607 Peachtree Street, NE; Atlanta, GA 30308

Since moderate room temperatures are difficult to regulate to everyone's satisfaction, layered clothing is suggested.

If you are a provider of business products and/or services, please contact Jacquie Thornton  
at [jtthornton@agingservicesga.org](mailto:jtthornton@agingservicesga.org) for registration or sponsorship opportunities.

SPACE IS LIMITED. YOU MUST REGISTER. FIRST COME, FIRST SERVED. NO ON-SITE REGISTRATION